

Title of the practice

GREEN CAMPUS CLEAN CAMPUS INITIATIVE

Objectives of the Practice

- To make the campus neat, clean and eco-friendly
- To promote sustainable and environment friendly atmosphere
- To spread awareness of cleanliness and greenery among students.
- Beautification of the campus
- To make campus plastic free
- To ensure proper waste management
- To reduce the waste
- To construct and Maintain a Herbal and botanical Garden.

The Context

In the College premises environmental friendly practices and education system jointly promote sustainable and eco-friendly ambiance. Keeping campus green and clean is the great message to the students and society. It helps to make them aware of the importance of both, and at the same time ensure the calm, green, clean and beautiful campus premises. . The institution cannot go green without student's input, participation, and enthusiasm. The Students play an integral part in the Green Campus Initiative. The Green Campus Work Group namely Green Club holds regular meetings that are open to anyone in the campus community. Students are encouraged to attend and can play an important part in the club's work.

Since hundreds of students, staff and other stake holders are visiting the campus on all working days, the initiative is a big task and hence college planned required programs and mechanism to implement through college NSS unit. The nurturing and enrichment of herbal garden and a Botanical garden are also identified as the key areas related to the initiative.

The institution is actively involved in “Swachh Bharat Campaign” by organizing activities such as debate competitions, plays, poster making competitions, cleanliness drives, rallies etc. to spread awareness among students, staff and society. For this campaign NSS and NCC play an important role to implement required initiatives among students and public.

The Practice

An introductory and initial training programme for the NSS volunteers was conducted describing the action plan. The use of fast food and cold drinks is prohibited in the campus. The filtering of plastics, polyethylene, wrappers and pouches are totally banned. The Herbal Garden and Botanical garden in the campus were revitalized by adding new plants and forming the groups of students who would be caring for the keep up of the garden. NSS volunteers under the able supervisions of NSS program officer Dr. Asad Imran and Prof. Abdul Razzaq Assistant Professor HOD Botany paid regular sessions of maintenance work in the Gardens.

Results/ Evidence of Impact

Students and the Staff at the college were changed over time to practise the green protocol. The amounts of plastic reduced to a great extent and people used to bring steel bottle for drinking water. The waste management system worked well and people used to deposit the waste in category wise bins. For the herbal garden, a number of medicinal herbs have been contributed by students themselves. The Campus has grown cooler. The environmental awareness among the students increased. The soil in the area seems to have become more fertile. After several programmes under the aegis of Swatch Bharat Abhiyan the campus is neat and clean.

Apart from all that students and staff carried the message to their families and society.

Problems and Challenges encountered

The major problem was the visitors, mainly the students other than

regular students who visit the college for attending different exams and the people attending election duties. Making awareness among them was challenging task, since most of these activities were on holidays and vacations. And hence the scattering of the small-scale plastic waste like polythene, plastic bottles, wrappers and pouches in the campus

1. **TITLE OF THE PRACTICE:
TO PROMOTE SDPORTS ACTIVITIES**

Objectives:

- Sports increase the physical as well as mental strength in students. A daily activity which includes physical exercise is necessary for students as it helps the students to stay hale and hearty and also helps to improve their emotional fitness.
- Develop Leadership skills: In Sports activities boost among the students the leadership qualities and help them to become good decision-makers
- The Sports activities helps to enhance the overall personality of an individual and makes him more productive and alert
- Sports activities provides the opportunity of Positive mentoring as during sports activities every player is encouraged by his/her coach, captain, teammates for achieving the success .This allows the students to develop a positive mindset.

2. The context:

The college has developed different sports facilities in the college for active engagement of students in sports. The college provides encouragement and support in the form of training facilities, allowances and cash awards. The Sports Infrastructure includes cricket practice pitch, Football ground, badminton court, Volleyball court advanced mat surface for kabaddi, Basketball court etc. Intra-college and Inter-College sports events and annual athletics meet are organized regularly in the college etc. We are running co-educational College. There are a lot of female players with plenty of potentials but the college is not able to provide special coaching, other related amenities to female players. The indoor stadium is not available in

college yet.

3. The Practice:

In India, National sports policy 2011 emphasizes that sports and physical education play a central role in developing human resource, increase productivity and promote social solidarity. The athletic activities provide enjoyment for young students. As a result, our students boost healthier eating habits, decrease anxiety and depression. Since infrastructure is necessary for training and organizing games, the college has well maintained up to date infrastructure for sports activities. The physical education and sports department of the college remains forefront in organizing various events. The college has also constituted sports committee for overall monitoring of the sports related activities. The college also runs undergraduate programme of Physical education under choice based credit system and NEP 2020 which includes both theory papers and practical's. Our college is always devoted to give maximum chance to our students so that they will achieve great success in their lives and make the college and country proud. It will also boost the opportunities that will make them economically strong also.

5. Evidence of Success:

The Physical Education & Sports Department of the College takes care of the promotion of games and sports in the college. The Physical Education department of the college organized various events and ensured larger involvement of students in the sports events at College and Inter-college Level competitions. For various games/sports selection Trials to select Teams and intra-sports competitions were also organized. . The College also utilized certain amount for strengthening sports infrastructure & promotion of sports activities i.e. Purchasing sports related material ,organizing sports events, facilitating sports uniforms, Sports Prizes and T.A/D.A to participants & team in-charges in accordance.

4. Problems Encountered and Resources Required:

Although the college has developed infrastructure to boost sports

activities but still the present infrastructure is not adequate to meet the requirement. The government Degree college is situated very close to LOC and most of the students belong to very poor background. The parents are reluctant to send their children in sports and thus motivating them is a challenging task. The college is also lacking the facilities for cricket, hockey and other popular games which can provide a chance to our students to show their talent in this field at state and national level.

So, rich sports infrastructure in the form of Cricket ground, Indoor Stadium and construction of a separate sports hall in the college is the need of the hour